

FSC 2026: Session: 1: COACH evaluation sheet for TEAM: ZB

Coachinfo: Warming up from: 08:00 until 09:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Debeuckelaere Sindy HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 100M BUTTERFLY MEN Heat:5, starttime: 09:36

Heat: 5/9 Lane : 5 Athlete: DRUANT ANDREAS Q-time: 00:59:34

PB (50m pool): 00:59.34 Kortrijk 04/05/2025 PB (25m pool): 00:59.49 SB: no time

	50 M	100 M	
PB	00:27.04	00:59.34	
	00:27.04	00:32.30	
	

Coach feedback:

Event number: 3: 200M BACKSTROKE MEN Heat:5, starttime: 10:06

Heat: 5/5 Lane : 2 Athlete: DE CRAEMER CAS Q-time: 02:12:56

PB (50m pool): 02:12.56 Antwerpen 27/07/2025 PB (25m pool): 02:07.78 SB: 02:14.20 Brugge 01/02/2026

	50 M	100 M	150 M	200 M	
PB	00:30.65	01:05.55	01:40.43	02:12.56	
	00:30.65	00:34.90	00:34.88	00:32.13	
	

Coach feedback:

Event number: 6: 50M BREASTSTROKE WOMEN Heat:6, starttime: 10:43

Heat: 6/6 Lane : 8 Athlete: EECKHOUT FLEUR Q-time: 00:35:23

PB (50m pool): 00:35.23 Kortrijk 04/05/2025 PB (25m pool): 00:34.49 SB: 00:36.09 Brugge 14/02/2026

	50 M	
PB	00:35.23	
	00:35.23	
	

Coach feedback:

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Event number: 8: 200M FREESTYLE WOMEN				Heat:1, starttime: 10:59	
Heat: 1/5 Lane : 5 Athlete: MIGOM LOBKE				Q-time: 02:13:87	
PB (50m pool): 02:13.87 Antwerp 09/02/2025			PB (25m pool): 02:11.26 SB: 02:16.79 Kortrijk 26/12/2025		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:30.03	01:03.60	01:39.09	02:13.87	
	<i>00:30.03</i>	<i>00:33.57</i>	<i>00:35.49</i>	<i>00:34.78</i>	
	

Coach feedback:

Event number: 9: 50M FREESTYLE MEN		Heat:7, starttime: 11:19	
Heat: 7/12 Lane : 3 Athlete: DE CRAEMER CAS		Q-time: 00:24:73	
PB (50m pool): 00:24.73 Brugge 14/02/2026		PB (25m pool): 00:24.72 SB: 00:24.73 Brugge 14/02/2026	
	5 0 M		
PB	00:24.73		
	<i>00:24.73</i>		
		

Coach feedback:

Event number: 9: 50M FREESTYLE MEN		Heat:11, starttime: 11:23	
Heat: 11/12 Lane : 1 Athlete: DRUANT ANDREAS		Q-time: 00:23:84	
PB (50m pool): 00:23.84 Zwembad Brigitte Becue 30/05/2025		PB (25m pool): 00:23.27 SB: no time	
	5 0 M		
PB	00:23.84		
	<i>00:23.84</i>		
		

Coach feedback:

Event number: 10: 50M BACKSTROKE WOMEN		Heat:2, starttime: 11:27	
Heat: 2/7 Lane : 8 Athlete: EECKHOUT FLEUR		Q-time: 00:33:05	
PB (50m pool): 00:33.05 Brugge 25/01/2026		PB (25m pool): 00:32.11 SB: 00:33.05 Brugge 25/01/2026	
	5 0 M		
PB	00:33.05		
	<i>00:33.05</i>		
		

Coach feedback:

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Event number: 10: 50M BACKSTROKE WOMEN		Heat:3, starttime: 11:28
Heat: 3/7 Lane : 7 Athlete: MIGOM LOBKE		Q-time: 00:32:50
PB (50m pool): 00:32.50 Antwerpen 27/07/2025		PB (25m pool): 00:31.50 SB: 00:32.68 Brugge 01/02/2026
	5 0 M	
PB	00:32.50	
	<i>00:32.50</i>	
	

Coach feedback: